NUVALI Dirt Weekend 2014

Specific Regulations

Nuvali Dirt Weekend holds different cycling bike events and gathers cyclist for riding, racing, and recreation since 2009. This 2014, it hosts the UCI National Championships for Cross Country Marathon and Four Cross aside from its annual Dirt Weekend 30Kms Cross Country Race.

Schedule of Events

October 31 Last Day of Regular Registration

November 10 Last Day of Registration

Start of Claiming of Race Kits for DW 30Kms XC

November 19-21 Rider Confirmation for Four Cross and XCM

November 22 UCI Cross Country Marathon (XCM)

Four Cross Official Practice

November 22 Dirt Weekend 30Kms XC

Four Cross Race

Registration Fees

Event	REGULAR REGISTRATION Until October 31	LATE REGISTRATION November 1-10	
Dirt Weekend 30Kms	750.00	1,000.00	
Four Cross	750.00	1,000.00	
XCM 80Kms	1,000	1,250.00	

Protocol Ceremony on All Events

Protocol ceremonies will be staged on each day of competition to honor the <u>winners</u> <u>in each competition/category</u> with the awarding of medals and cash prize to each. It is the rider's responsibility to ensure that they are at the protocol ceremony in good time to receive their medal and / or winner's jersey.

Riders are requested to present themselves at the holding area of the stage 15 minutes before the awarding schedule. No rider shall be called on stage again on a missed ceremony.

1. ORGANIZATION

- 1.1 Nuvali Dirt Weekend is a 3-day mountain bike event comprising XCM, 4X and Dirt Weekend 30Km Race
- 1.2 Participants in Dirt Weekend undertake this race with the expectation that they understand and accept the principal and general cycling regulations set by the organizer.
- 1.3 The organizers may be contacted via Ms. Mary at 0927-5750930.

2. SANCTIONING BODY

2.1 The Nuvali Dirt Weekend is organized according to the UCI Regulations and specific regulation. It is sanctioned by the Integrated Cycling Federation of the Philippines (PHILCYCLING).

3. RACE SECRETARIAT & TEAM MANAGERS MEETINGS

3.1 A <u>mandatory</u> race briefing shall be on November 21, 2014 at 5:00pm at NUVALI Evoliving Center.

4. HANDLE BAR AND BODY NUMBER

4.1 All riders must display their handle bar and one body number fixed on the lower back during practice and racing. Altering or mutilating by cutting, folding, adding stickers or defacing of numbers will result in immediate penalty and disqualification.

5. EQUIPMENT

- 5.1 The use of radio links or other remote means of communication with riders is forbidden.
- 5.2 Only 26", 27.5", 29" wheeled mountain bikes will be allowed to start in this event. Any width-sized tires may be used.
- 5.3 No traditional road handlebars may be used. The handlebars extension of a triathlon or time trial type are forbidden, but traditional bar ends are authorized.
- 5.4 Wearing of helmets are mandatory during training and racing.

6. SPECIFIC RULES

6.1 CROSS COUNTRY MARATHON (XCM)

6.1.1 Rider Eligibility for Cross Country Marathor

Rider Eligibility for Cross Country Marathon					
These categories shall give XCM UCI Points. Gaining a UCI Point in the XCM does not automatically make you an Elite rider in XCO. No Separate results for Masters for UCI.					
Men Elite	19 years old and above				
Women Elite	19 years old and above				
National Age Groups These categories are only for National levels and are not awarded points.					
Women / Men Sport	19-29 years old				
Women / Men Master A	30-34 years old				
Women / Men Master B	35-39 years old				
Women / Men Master C	40-44 years old				
Women / Men Master D	45-49 years old				
Women / Men Master E	50 years old and above				
Foob actoriory must have at least 6 starters. Failure to reach the					

Each category must have at least 6 starters. Failure to reach the start quota will result to that category to be merged with the other categories.

Check the UCI Website if you have UCI points in Elite. This will automatically place you in the Elite category of XCM. (XCM Elite is not automatically an XCO Elite as XCM has only 1 category unlike XCO).

- 6.1.2 Elite Riders who are not of Filipino Nationality may join the race. In case of a Top 5 win, the foreign rider is eligible for the prize money but not the UCI points.
- 6.1.3 The distance of the course is 80Km at 2 loops of 40Km.

6.1.4 The course will be marked with signage and taped for directions. There shall be marshal and check points throughout the course.

Staging of Riders

- 6.1.5 Riders shall be given start order as per UCI ranking. Unranked riders will be staged randomly.
- 6.1.6 Rider's numbers shall be displayed on the call-up boxes and the riders have to present themselves inside the boxes 10minutes before the start. The riders who do not exit from the call up box shall be marked DNS.
- 6.1.7 The staging will be strictly controlled and riders will be placed on the grids drawn on the ground. The riders in each grid line may choose their starting position in order of their race number. The rider with the lowest rank gets first choice.
- 6.1.8 The riders must start with 2 hands on the handle grip and one foot on the ground.

Feeding and Technical Zone

- 6.1.9 There shall be 2 Feeding and Technical Zone marked as FTZ1, and FTZ2.
- 6.1.10 Riders are allowed to take feeding and technical assistance at the Feed and Technical Zone from the same team members only.
- 6.1.11 Authorized technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame. Bike changes are not permitted and the rider must cross the finish line with the same handlebar number plate that he had at the start.
- 6.1.12 In addition to the technical assistance in feed zones, technical assistance is permitted outside these zones between riders who are members of the same team.
- 6.1.13 Running alongside, spraying and pouring of water on riders are not allowed.
- 6.1.14 Only accredited persons are allowed in the Feed Technical Zone.

 The organizer will arrange neutral feeding for the riders having no team members.
- 6.1.15 No rider may turn back on the course to reach a feed/technical assistance zone. Any rider doing so is disqualified.
- 6.1.16 Riders may carry tools and spare parts provided that these do not involve danger to the rider himself or the other competitors.

Rider's Pull Out

- 6.1.17 There will be 2 pull out zones, one will be at the Start/Finish Area before proceeding to the 2nd lap. The 2nd pull out zone shall be identified during the rider's briefing.
- 6.1.18 During a pull out, a rider must surrender his/her number plate to the commissaire. Claim the number plate together with your finisher medal at the secretariat by showing your back number.

6.2 Four Cross (4X)

6.2.1 Rider Eligibility for Four Cross

UCI Categories Elite Riders have UCI Points					
Men Elite	17 years old and above				
Men Masters	30 years old and above				
National Age Groups These categories are only for National levels and are not awarded points.					
Men Sport A	19-29 years old				
Men Sport B	30-39 years old				
Men Sport C	40 years old and above				

- **6.2.2** Elite Riders who are not of Filipino Nationality may join the race. In case of a Top 4 win, the foreign rider is eligible for the prize money but not the UCI points.
- 6.2.3 A qualifying round is organized on the same day as the main event.
- 6.2.4 The qualifying round takes the form of a timed run over the course by each rider. In the event of a tie between riders during the qualifying round, their order is determined by the most recent UCI 4X individual ranking. If the riders are not ranked, lots are drawn to determine their order.
- 6.2.5 Riders who are DNF, DSQ or DNS in the qualifying round can not enter the main event.
- 6.2.6 The riders start on the start commissaire's orders, in the sequence determined by the start list.
- 6.2.7 The number of riders qualifying for the first round of the main event is determined by the number of heats of three or four that can be made up.
- 6.2.8 The riders in each heat ride only once per round. The third and the fourth rider in each heat are eliminated. The first and the second qualify for the next round.
- 6.2.9 The riders in each heat may choose their starting position in order of their rank. The rider with the highest rank gets first choice.
- 6.2.10 If all the riders in heat fall or fail to cross the finish line in a preliminary round, the winner is the rider who covered the greatest distance.
- 6.2.11 For the first 5 meters of the course, four lanes of an equal width must be marked by whitelines. Any rider crossing or riding on these white lines is relegated. In case a rider is crossing or riding on these white lines when he is placed behind his neighbour riders and does not hinder them and has no advantage the relegation can be transformed.

7. CONDUCT OF RIDERS

7.1 A rider must act in a sporting manner at all times and must permit any faster rider to overtake without obstructing.

- 7.2 If a rider exits the course for any reason, he/she must return to the course at the same point from which he/she exited. If the Commissaires Panel deems that the rider gained advantage; the rider is disgualified (DSQ).
- 7.3 The rider must respect nature and must make sure that they do not pollute the course venue.
- 7.4 Anyone who is found to have altered the course has his/her accreditation removed or, in the case of the rider, is disqualified (DSQ),

8. SAFETY

- 8.1 Marshal will signal arrival of riders with a short, loud blast on a whistle.
- 8.2 All marshals working on potentially hazardous sections of the course will carry a yellow flag which is waived in the event of a crash in order to warn other riders.
- 8.3 First aiders and ambulance will be on standby.

9. RESULT AND PODIUM CEREMONY

- 9.1 The results will be posted on display boards after the race.
- 9.2 No slippers and open sandals are allowed on the podium to maintain dignity of the sports.
- 9.3 No caps, sunglasses and goggles shall be worn during the podium.

10. CANCELLATION

10.1 In the event of bad weather the Commissaires' Panel may decide to cancel the event after consulting with the organizers.

DIRT WEEKEND CROSS COUNTRY RACE

1. GENERAL TERMS AND REGULATIONS

Men Youth (15-18 years old)

Men Under 23 (19-22years old)

Men Sport (23-29 years old)

Men Master A (30-34 years old)

Men Master B (35-39 years old)

Men Master C (40-44 years old)

Men Master D (45-49 years old)

Men Master E (50 years old and above)

Women Open (15 Years old and over)

2. HANDLE BAR AND BODY NUMBER

2.1 All riders must display their handle bar and one body number fixed on the lower back during practice and racing. Altering or mutilating by cutting, folding, adding stickers or defacing of numbers will result in immediate penalty and disqualification.

3. EQUIPMENT

3.1 The use of radio links or other remote means of communication with riders is forbidden.

^{*}Riders may be asked to produce proof of date of birth.

- 3.2 Only 26", 27.5", 29" wheeled mountain bikes will be allowed to start in this event. Any width-sized tires may be used.
- 3.3 No traditional road handlebars may be used. The handlebars extension of a triathlon or time trial type are forbidden, but traditional bar ends are authorized.
- 3.4 Wearing of helmets are mandatory during training and racing.

4. SPECIFIC RULES

- 4.1.1 The distance of the course is approximately 30km
- 4.1.2 The course will be marked with signages and taped for directions. There shall be marshal and check points throughout the course.

SUPPLEMENTARY WATER STATIONS

- 4.1.3 There will be three (3) Supplementary Water Stations. Water supply in these stations is only for safety purposes especially for the new riders. Riders and Teams SHOULD NOT DEPEND ON THESE STATIONS AS RE-FILL STATIONS. We strongly advise teams to place your team support or crew with your own water supply in these areas. If you think that you should be carrying a 1-Liter hydration bag for this route do not intentionally bring just a bottle and depend on the water station. Again, this is just a supplementary water station.
- 4.1.4 Cyclists should be solely responsible in getting their own water from these neutral water stations. Cyclist should not order the marshals to pour them water or give them water.
- 4.1.5 Plastic cups or paper cups are not supplied in the water stations. It is strongly recommended for riders to use your own water bottles or have your support crew bring extra water bottles for you.

TECHNICAL SUPPORT

- 4.1.6 Authorized technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame. Bike changes are not permitted and the rider must cross the finish line with the same handlebar number plate that he had at the start.
- 4.1.7 Riders may carry tools and spare parts provided that these do not involve danger to the rider himself or the other competitors.

5. CONDUCT OF RIDERS

- 5.1 A rider must act in a sporting manner at all times and must permit any faster rider to overtake without obstructing.
- 5.2 The rider must respect nature and must make sure that they do not pollute the course venue.

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- 6.1 The results will be posted on display boards after the race.
- 6.2 No slippers and open sandals are allowed on the podium to maintain dignity of the sports.

7. CANCELLATION

In the event of bad weather the Race Officials may decide to cancel the event after consulting with the organizers.